

Anonymity

In the F.A. Program we respect others and their privacy. Anonymity is the foundation of trust with our fellow Fosters.

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Foster Anonymous



ANONYMITY

Foster Anonymous (F.A.) put this pamphlet together because we want you to understand how important it is to remain Anonymous in the F.A. Program and in the public. Foster Anonymous is how we describe our program. It is the name of our program. As the public is concerned, that is how we represent ourselves. Between ourselves and the foster care community, we refer to ourselves as F.A. It is essential that we remain anonymous with the public.

Many people don't understand and may have opinions that can hurt the F.A. program. Furthermore, we don't want to generate opinions of our program that keep other fosters from joining. .



When it comes to sharing in a meeting, getting the courage to speak in a meeting or being of service in a meeting, we all need to feel what we share amongst each other stays only with each other. It can be very damaging to speak of anything that you are entrusted with from someone sharing in a meeting. Anonymity helps us keep this bond of trust with one another. That is why when we refer to Foster Anonymous, we just use the term F.A. The public doesn't need to know what we are talking about.

When referring to ourselves in a meeting, we only use our first name. If you choose to share your last name with someone else, that is fine on a one-to-one personal level. As we grow in recovery, and we develop friendships with each other, we share our full names outside of the meetings.

We never share someone else's name or information about our F.A. members in public. It can be very damaging. The purpose of anonymity is to allow us to grow at our own pace and to grow in recovery when we are ready. We may say I am on my way to an F.A. meeting. The founder of the F.A. program has had a lot of experience with the 12-Steps and why anonymity is so important. He uses the name ,Big Papa, for his anonymity even though one-on-one or at a meeting, he may break his anonymity and share his first name. This method of remaining anonymous has kept 12-Step programs alive for over 100 years. There is no reason for F.A. to change that. As they say, **"It works if you work it!"**

